

# Bruce Randolph Soccer Handbook

## Our Philosophy

We will become the most successful team in the Frontier League through discipline, dedication, and hard work.

## Academics

To be a part of the Bruce Randolph Soccer Program, a player must be passing (A, B, C, or D) in every class. If a student does not meet this minimum requirement, he will:

- (a) Not take the field for the first half with 1 F.
- (b) Attend mandatory study hall during bonus block until the grade(s) improve. They will not be invited to Monday and Friday practice sessions. This tutoring is as mandatory as a practice for ineligible students, and absences and tardies will be treated accordingly, in accordance with the Bruce Randolph Soccer Discipline Ladder.

## Citizenship

To be a part of the Bruce Randolph Soccer Program, a player must show outstanding citizenship in the community, at home, and in the classroom. If a player is given in-school suspension, he will jump to step 2 on the discipline ladder, and be suspended for the following game. If a player is suspended out of school, he moves to step three on the discipline ladder, and is removed from the team. Our players will be known around the school and the community as upstanding students, citizens, and young men.

## Attendance

Every player is expected to be present and on time to **every** practice. Consequences for tardies are as follows:

- First two tardies – Step 1 of the discipline ladder
- Third tardy – Step 2 of the discipline ladder
- Fourth tardy – Step 3 of the discipline ladder

Consequences for unexcused absences are as follows:

- First unexcused absence – Step 1 of the discipline ladder
- Second unexcused absence – Step 2 of the discipline ladder
- Third unexcused absence – Step 3 of the discipline ladder

Tardies and absences are rarely excused. Examples of excused absences are severe sickness or family death. **In order for an absence to be excused, the coaches must be notified at least 24 hours before practice**, except in some rare cases.

## Discipline Ladder

Step 1	Step 2	Step 3
Conditioning to remedy the offense	Suspension from competitive play	Removal from the team
Example Offenses: <ul style="list-style-type: none"><li>- First and second tardies</li><li>- First unexcused absence</li></ul>	Example Offenses: <ul style="list-style-type: none"><li>- ISS</li><li>- Third tardy</li><li>- Second unexcused absence</li><li>- Academic ineligibility</li></ul>	Example Offenses: <ul style="list-style-type: none"><li>- OSS</li><li>- Fourth tardy</li><li>- Third unexcused absence</li></ul>

Consequences can always be modified, increased, or decreased, based on the judgment of the coaches and captains.

### **Dress Code – Practice**

Every player will wear the following items to every practice:

Shorts

A Bruce Randolph t-shirt

Soccer socks

Cleats (or athletic shoes if you are unable to obtain cleats)

Shin guards

In addition, players must have flats with them at every practice, in case practice moves inside. Warm weather gear should be with the player at all times, especially late in the season. If a player arrives without the required practice attire, he will not be allowed to practice. He will make up for this missed time on the track the following day.

### **Dress Code – Games**

All players are required to be wearing all parts of their uniform in order to play in a game. These parts are:

Game Jersey

Game Shorts

Game Socks

Sleeves and undershirts are acceptable but only in school colors

If a player is missing any of these parts, he will not play in the game. Of course shin guards that meet state requirements are also necessary to play.

### **Practice Routine**

Every practice begins promptly at 3:40 in front of the shed. From there, the coaches will make opening announcements, tell the team what gear needs to be retrieved from the shed, and dismiss players to the field. Players will run to the field (or to the shed to get gear, if they were assigned), put on their cleats, and be ready to begin running and stretching by 4:45. Practice will let out at 5:40 every night.

Saturday practices will vary in terms of who is required to attend from week to week. In any case, players who are required to attend will be on the field, with their cleats on, ready to run at the time that practice is scheduled to start.

### **On the Field**

We are always positive towards our teammates, opponents, and referees at every game. Any communication with any of these people is always positive and respectful. Any questioning of decisions by the referee is always left up to the coaches, not the players.